

5 Ingredients of Active Learning

1. Things to play with

Children explore and play with things that they find interesting. The best materials for learning are those that the children can use in a variety of ways.



2. Freedom to choose

Children should be able to choose what they would like to work/play with.



3. Opportunity to explore

Children must be free to play with things in any way they like.



4. Time to talk

Children are encouraged to use language to describe what they are doing, how they are doing it and what they still plan to do.



5. Adult support

Adults can extend learning by challenging children to advance to the next stage. They do this by joining in their play and talking to them about what they are doing. Adults help them to learn as problems arise, by asking questions and making suggestions.

